

WHAT'S COOKING?

Description: High Intermediate phrased linedance
Part A – 32 counts. Part B – 16 counts. Tag – 4 Counts

Choreographed by: Debbie Rushton (UK) January 2016

Music: Like A Mack by Prince (ft Curly Fryz)

Length: 4.04

Count In: 5 seconds – on beat and lyrics 'Roll up into town...'

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PART A

WALK WALK ¼ CROSS ¼ TURN, STEP ½ TURN ¼ DRAG, BEHIND ¼ TURN STEP FORWARD

1 2 Walk forward R, Walk forward L

&3 4 Make ¼ turn L stepping R to R side, Cross L over R, Make ¼ turn R stepping R forward (12 o'clock)

5&6 Step L forward, Pivot ¾ turn R taking weight onto R, Step L to L side (9 o'clock)

7&8 Cross R behind L, Make ¼ turn L stepping L forward, Step R forward (6 o'clock)

BOOGIE WALKS x3, MAMBO STEP & ¼ TOUCH, SIDE SHUFFLE

1&2 Bending knees slightly, run forward L, R, L

3&4 Rock forward onto R, Recover weight back onto L, Step back on R

&5 6 Step back on L, Make ¼ turn R stepping R big step to R side, Touch L beside R (9 o'clock)

7&8 Step L to L side, Step R beside L, Step L to L side

CROSS ROCK SIDE ROCK, CROSS ¾ UNWIND, HIP ROLL x2 &

1&2& Cross rock R over L, Recover weight onto L, Rock R out to R side, Recover weight onto L

3 4 Cross R over L, Unwind ¾ turn over L shoulder ending with weight on L (12 o'clock)

5 6 Step R out to R side and roll hips counter-clockwise from L to R (taking weight onto R)

7 && Roll hips clockwise From R to L (taking weight onto L), Step onto R foot

CROSS SIDE BEHIND SIDE CROSS SIDE ROCK, CROSS SIDE ROCK, CROSS ¼ TURN ½ TURN

1&2& Cross L over R, Step R to R side, Cross L behind R, Step R to R side

3&4 Cross L over R, Rock R out to R side, Recover weight onto L

5&6 Cross R over L, Rock L out to L side, Recover weight onto R

7&8 Cross L over R, Make ¼ turn L stepping back on R, Make ½ turn L stepping L forward (3 o'clock)

PART B

SIDE TOGETHER SIDE TOUCH x2

1234 Step R to R side, Step L beside R, Step R to R side, Touch L beside R

5678 Step L to L side, Step R beside L, Step L to L side, Touch R beside L

* **Make these steps funky please!**

HEEL HEEL BACK BACK, BUMP & BUMP ½ TURN, ROCK RECOVER COASTER STEP

&1&2 Step R forward to R diagonal using R heel, Step L forward to L diagonal using L heel, Step R back in place, Step L beside R

3&4 Step R fwd bumping R hip forward, Take weight back onto L & bump L hip back, Take weight forward onto R bumping R hip forward whilst making ½ turn L (weight ends back on R)

5 6 Rock forward on L, Recover weight back onto R
7&8 Step back on L, Step R beside L, Step L forward

TAG

CROSS BACK SIDE CROSS, SIDE DRAG STEP

1&2& Cross R over L, Step L back, Step R to R side, Cross L over R

3 4 Step R big step to R side whilst dragging L up to R, Step L beside R

SEQUENCE

Clock directions are where each wall STARTS

A 12 o clock

A 3 o clock – Dance up to Count 16 (L side shuffle) and go straight into the tag

TAG 12 o clock

B 12 o clock

A 6 o clock

A 9 o clock

A 12 o clock - Dance up to Count 16 (L side shuffle) and go straight into the tag

TAG 9 o clock

B 9 o clock

B 3 o clock

A 9 o clock

A 12 o clock - Dance up to Count 16 (L side shuffle) and go straight into the tag

TAG 9 o clock

A 9 o clock

A 12 o clock - Dance up to Count 16 (L side shuffle) and go straight into the tag

TAG 9 o clock

A 9 o clock

TAG 12 o clock

A 12 o clock

A 3 o clock - Dance up to Count 16 (L side shuffle) and go straight into PART B

B 12 o clock

B 12 o clock

TAG 12 o clock to FINISH!

NOTES!!

On *almost* every 'A' which goes into a tag, he sings 'WHAT'S COOKING?' when you are dancing counts '&13'. This is your cue that a tag is going to happen after count 16!

The only time this doesn't happen is on the 5th tag which comes at the END of A so you just have to remember that one 😊

I PROMISE IT'S NOT AS SCARY AS IT LOOKS. YOU CAN HEAR IT IN THE SONG.

WHAT'S COOKING??..... A TAG!